

The Liberal Arts Degree: Social and Behavioral Science is a group of courses emphasizing the study of perspectives, concepts, theories and methodologies typically found in the vast variety of disciplines that comprise study in the Social and Behavioral Sciences. Students will develop an awareness of themselves and others as members of a larger society. Topics of discussion are designed to help students gain an understanding and appreciation of the contributions and perspectives of men, women, and of ethnic and other minorities and a comparative perspective on both Western and non-Western societies. Students must complete 18 units from at least two of the following disciplines with a grade of "C" or better: African-American Studies, Anthropology, Asian and Asian-American Studies, Economics, Education, Geography (excluding physical geography), History, Mexican/Latin American Studies, Political Science, Psychology and Sociology.

Program Learning Outcomes

Upon completion of this program a student will be able to:

- Develop knowledge of their own critical thinking skills and processes.
- Recognize the effects of their communication skills on others' perceptions of themselves.
- Develop an awareness of the manifold perspectives of the diversity of peoples and cultures that surround them.

Degree Major Requirements:

	UNITS
General Education Options (Choose One)	
a. Local AA/AS General Education	19-31
b. CSU GE BREADTH	39
c. IGETC	37
Areas of Emphasis (Choose One):	
• Social and Behavioral Sciences	18
Electives	3-23
Other Requirements:	
Computer Literacy, Ethnic Studies	0-5
Total Program Units: 60	

Liberal Arts: Social and Behavioral Sciences ASSOCIATE OF ARTS

Students should complete 18 units from a minimum of two disciplines from the list of courses:

DEPT/NO.	TITLE	UNITS
AFRAM 5	The African-American Family in the United States (3)	
AFRAM 30	African-American History: Africa to 1865 (3)	
AFRAM 31	African-American History: 1865 to 1945 (3)	
AFRAM 32	African-American History: 1945 to Present (3)	
ANTHR 2	Introduction to Archaeology and Prehistory (3)	
ANTHR 3	Introduction to Social and Cultural Anthropology (3)	
ANTHR 7	Magic, Religion, and Witchcraft (3)	
ANTHR 19	Anthropology of Sex and Gender (3)	
ANTHR 55	Native American Cultures (3)	
ASAME 45A	Asian-American History to 1945 (3)	
ASAME 45B	Asian-American History from 1945 to the Present (3)	
COMM 6	Intercultural Communication (3)	
COMM 19	Survey of Mass Media (3)	
COUN 30	Personal Growth and Development (3)	
COUN 230	Strategies for Personal Development (3)	
ECON 1	Principles of Economics (Macro-Economics) (3)	
ECON 2	Principles of Economics (Micro-Economics) (3)	
ECON 5	Introduction to Economics (3)	
GEOG 2	Cultural Geography (3)	
GEOG 3	World Regional Geography (3)	
HIST 2A	History of European Civilization (3)	
HIST 2B	History of European Civilization (3)	
HIST 5	History of Mexico (3)	
HIST 7A	History of the United States to 1877 (3)	
HIST 7B	History of the United States since 1865 (3)	
HIST 8A	History of Latin-American Civilization (3)	
HIST 8B	History of Latin-American Civilization (3)	
HIST 11	History and Culture of South-East Asia: Vietnam – An American Tragedy (3)	
HIST 12	History and Culture of Eastern Asia (3)	
HIST 17	History of the Mexican-American (3)	
HIST 18	20th Century American Protest Movement (3)	
HIST 19	History of California (3)	
HIST 50	African-American History: Africa to 1865 (3)	
HIST 51	African-American History: 1865 to 1945 (3)	
HIST 52	African-American History: 1945 to Present (3)	
HIST 53A	History and Culture of the Caribbean/ Central America (3)	
HIST 53B	History and Culture of the Caribbean/ Central America (3)	
HIST 56	Sociology of Women (3)	

DEPT/NO.	TITLE	UNITS
HUMAN 13A	Myth, Symbol and Folklore (3)	
HUMAN 13B	Myth, Symbol and Folklore (3)	
M/LAT 18A	History and Culture of the Caribbean/ Central America (3)	
M/LAT 18B	History and Culture of the Caribbean/ Central America (3)	
POSCI 1	Government & Politics in the United States (3)	
POSCI 2	Comparative Government (3)	
POSCI 3	International Relations (3)	
POSCI 4	Political Theory (3)	
POSCI 6	The U.S. Constitution and Criminal Due Process (3)	
POSCI 8	Law and Democracy (3)	
POSCI 26	United States and California Constitution (3)	
POSCI 31	Introduction to Public Administration (3)	
POSCI 32	Learning Organization Governance (3)	
POSCI 35	Introduction to Community Violence Prevention (3)	
POSCI 36	Applied Peacebuilding and Violence Prevention (3)	
POSCI 37	Transformative Social Change and Futures Studies (3)	
POSCI 41	Service Learning: Law, Democracy, and Public Administration (3)	
PSYCH 1A	Introduction to General Psychology (3)	
PSYCH 1B	Introduction to General Psychology (3)	
PSYCH 3	Introduction to Personality Theory (3)	
PSYCH 7A	Psychology of Childhood (3)	
PSYCH 7B	Adolescent Psychology (3)	
PSYCH 9A	Psychology of Interpersonal Relations (3)	
PSYCH 9B	Psychology of Interpersonal Relations (3)	
PSYCH 12	Human Sexuality (3)	
PSYCH 18	Psychology of Race and Ethnicity in the U.S. (3)	
PSYCH 24	Abnormal Psychology (3)	
PSYCH 28	Introduction to Research Methods in Psychology (3)	
PSYCH 29	Introduction to Forensic Psychology (3)	
PSYCH 34	Psychology of Resiliency, Stress Management, and Personal Growth (3)	
SOC 1	Introduction to Sociology (3)	
SOC 2	Social Problems (3)	
SOC 3	Sociology of Women (3)	
SOC 5	Minority Groups (3)	
SOC 120	Introduction to Research Methods (3)	18

Total Required Units: 18

Recommended Course Sequence

FALL 1

COURSE	UNITS	REQUIREMENT	COA GE AREA
PSYCH 1A Introduction to General Psychology	3	Major Elective	2
SOC 1 Introduction to Sociology	3	Major Elective	2
ENGL 1A Composition and Reading or ENGL 1AS Composition and Reading (w/ support)	4 or 5	GE	4A
MATH 13 Introduction to Statistics (+213 Support Course)	4 or 6	GE	4B
KIN 60A Circuit Training for Strength I – Fundamentals ¹	1	Elective	

Total Number of Units 15-18

SPRING 1

PSYCH 18 Psychology of Race and Ethnicity in the U.S.	3	Major Elective	2 & 5
ENGL 5 Critical Thinking in Reading and Writing	3	Elective	4A or 4D
HIST 7A History of the United States to 1877	3	Major Elective	2 or 3
BIOL 10 Introduction to Biology	4	GE	1
COUN 24 College Success or COUN 57 Career and Life Planning	3	Elective	

Total Number of Units: 16

FALL 2

PSYCH 24 Abnormal Psychology	3	Elective	2
PSYCH 28 Introduction to Research Methods in Psychology	3	Elective	2
HIST 7B History of the United States since 1865	3	Elective	2 or 3
LIS 74 Information Seeking Behavior	3	GE	4C
COMM 45 Public Speaking	3	GE	4D

Total Number of Units: 15

SPRING 2

PSYCH 12 Human Sexuality	3	Elective	2
ANTHR 1 Introduction to Physical Anthropology	3	Elective	1
GEOG 2 Cultural Geography	3	Major Elective	2
SOC 5 Minority Groups	3	Major Elective	2 & 5
ART 1 Introduction to Art History	3	Elective	3

Total Number of Units: 15

¹ Recommended for students who benefit from taking 15 units per semester.

Please meet with a counselor to develop a personalized education plan to help you meet your specific goals.