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CoA President Dr. Nathaniel Jones III

## President's Corner: Spring Forward

Our Spring Semester transition to in-person student services, operations, and additional in-person classes is progressing, even as California begins to pivot towards what hopefully will be a post pandemic reality. Be assured, that the health and safety of our students and our College community continues to be a priority. The constantly shifting pandemic landscape has been difficult to navigate, especially for our students, many of whom have faced unprecedented personal challenges these past two years. The work that we do collectively as educators is of great importance, now more than ever, in providing a beacon of hope and semblance of stability to those seeking a college education in these turbulent times. I cannot say enough how much I appreciate your dedication to our diverse student body and the great work that you do every day to open the doors of opportunity for them.

I look forward to seeing you in-person on campus this spring. Keep up the outstanding work and thank you!

Warmest Regards,

Dr. Nathaniel Jones III  
College of Alameda President



## ACCESO Hosts Its First Career Panel

CoA's Adelante con Comunidad, Excelencia, Sabiduría y Oportunidad program (ACCESO) hosted its first career panel in the Spring 2022 ACCESO Career Panel series. Students heard from panelists with careers in government affairs, finance, teaching, education administration, and health care insurance. Panelists included: California Department of Finance Assistant Program Budget Manager **Guadalupe Manriquez**, Optum of California Supervisor / Patient Liaison **Heriberto Rojas**, California Cable and Telecommunications Association Legislative Analyst **Elizabeth Bojorquez**, Voices Language Academies Director of Special Projects **Juan Carlos Villaseñor**; and All Relations Leadership Group Chief Executive Officer and Founder **Dr. Miguel Rodriguez**. Presenters shared their educational and career journeys, gave advice, and answered questions from the audience. About 15 students and staff joined this event.

We invite you and your students to join the following career panels in the ACCESO Career Panel series.

### UPCOMING ACCESO Career Panel Series

**MESA/ACCESO Career Panel: STEM--** March 3, 2022, 5 to 6 p.m.


**ACCESO Career Panel: Vocational & Certificate--** April 7, 2022, 5 to 6 p.m.

**ACCESO Career Panel: Medicine--** May 5, 2022, 5 to 6 p.m.



## La Bienvenida Event Kicks Off a New Year for ACCESO Students

Nearly 30 students, staff, and faculty joined La Bienvenida! to welcome the new semester. During this virtual event (Zoom), students had the opportunity to meet other ACCESO students, ACCESO staff and faculty, and participate in a series of fun and engaging virtual activities. Participants also received the ACCESO Spring 2022 calendar and were reminded of the many services and resources available to them through ACCESO, like the book voucher, loaner laptop, and peer mentor groups.

<div>  <div> <h1>ACCESO CALENDAR</h1> <h2>SPRING 2022</h2> </div>  </div>	
MARCH	
Thurs. 3/3	ACCESO Career Panel: STEM w/MESA ----- 5:00-6:00pm
Wed. 3/23	Event in Honor of Cesar Chavez (TBD)
3/28 – 4/3	Spring Recess
Thurs. 3/31	Cesar Chavez – Holiday Observance
APRIL	
Thurs. 4/7	ACCESO Career Panel: Vocational & Certificate ----- 5:00-6:00pm
TBD	University Tour (TBD)
Fri. 4/29	Last Day to Withdraw from Regular Session Classes and Receive a “W”.
MAY	
Thurs. 5/5	ACCESO Career Panel: Medicine ----- 5:00-6:00pm

*Submitted by Director of Hispanic Serving Institution Grant and ACCESO/Puente Programs Horacio Corona Lira*



## 2021-2022 GUIDED PATHWAYS

# Tell Us About Your COA Student Experience!

The COA Guided Pathways Team wants to hear from YOU about your student experiences enrolling and attending COA.

**Register for one of the sessions below to participate!**

**Register now to  
attend on Zoom**

**Tues Feb 15  
1:00pm-2:30pm**

**[https://tinyurl.com/  
/yku4wk7h](https://tinyurl.com/yku4wk7h)**

**OR**

**Register now to  
attend on Zoom**

**Weds Feb 23  
11:00am-12:30pm**

**[https://tinyurl.com/  
24wruy2a](https://tinyurl.com/24wruy2a)**

**Attendees will be entered to win a  
\$100 gift card prize!**

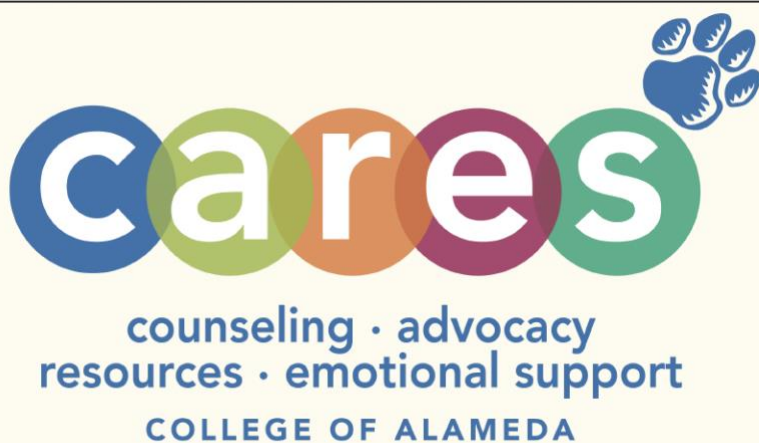
## Guided Pathways Student Forum: February 23, 2022

The Second Guided Pathways Student Forum focusing on students' experiences enrolling and attending CoA, will be held on February 23, 2022 from 11 a.m. to 12:30 p.m.

We need student input and your support to make guided pathways happen! Please share this information with your students and encourage them to attend one of the sessions. This could be a great extra credit assignment for students.

Students who attend will be entered into a drawing for a \$100 gift card!

*Submitted by the CoA Guided Pathways Team*



CARES Team responds to non-immediate concerns about students. We take a proactive approach to discuss potential issues, intervene early, and provide support and behavioral response to students displaying varying levels of disruptive, disturbed, and/or distressed behaviors before they rise to the level of a crisis.

## Student Services Launches CARES Team

The COVID pandemic has resulted in increased loneliness, stress, anxiety, and depression among many in our community, including our students.

The CoA Student Services Division, under the direction of Vice President **Dr. Tina Vasconcellos**, is spearheading an innovative approach to address this issue. The goal is to maintain a healthy and safe environment for students and the college community. The CoA CARES team seeks to effectively intervene early and provide support services to students displaying distressed behaviors.

Director of Student Activities and Campus Life **Natalie Rodriguez** is coordinating the implementation of CARES initiative and encouraging early interventions to ensure students' well-being.

The CARES Team is comprised of Student Services deans, directors, mental health professionals, Student Accessibility Services representatives, Counseling Department representatives, and other resources as needed. The CARES Team also may consult with the Athletics Department, International Student Admissions and Services, Financial Aid Department, and the Office of Instruction.

Examples of issues to be addressed include but are not limited to:

- Distressed or disturbed behavior,
- Extended absence from class or activities,
- Written work or creative expression with troubling themes or references, and
- Written or creative expression of suicidal thoughts or ideation.

Faculty and staff can use the online [form](#) to report concerning behaviors. The CARES Team is committed to providing confidential, respectful, and proactive support, while offering helpful resources that support student success and well-being. The CARES Team is not meant to take the place of standard classroom management techniques utilized by faculty. Implementation of this team does not alter any existing discipline policies. The CARES Team has been developed as part of the College's ongoing Strategic Enrollment Management efforts to help improve student retention and success rates.



## **In person student services are open every Tuesday and Wednesday 8:00-4:30pm**

*Same day appointments available.*

**We care about you and your success!**

**Services available:**

- ACCESO Center
- Admission and Records
- Adult Education
- Counseling
- EOPS/CARE/NextUP/CalWORKs
- Financial Aid
- Health Services
- Mental Health Services
- Student Accessibility Services
- UMOJA
- Veteran Resource Center



**Check out the CoA  
Free Produce Market  
2nd & 4th Tuesdays!**

<https://alameda.edu/>



# *Be a Student*

*Representative • Advocate • Leader*

# ASCOA

## SPRING 2022 Elections Timeline

### Application Open

*Feb 1 - Feb 22*

### Candidate Orientation

*Week of March 8  
Days/Times TBD*

### Voting

*April 12 & April 13*

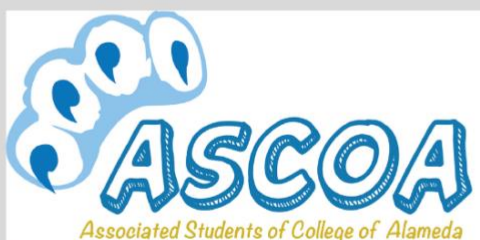
*For more information  
scan the QR code:*



*...or visit:*  
<https://tinyurl.com/ASCOAelections>

*Organize Events  
Serve on Committees  
Gain Leadership Skills*

## *Make an impact on campus!*



Questions? Contact Natalie Rodriguez at  
[nrodriguez@peralta.edu](mailto:nrodriguez@peralta.edu)

F-building F105 on Tues/Wed 8a.m.-4:30p.m.



*CoA offers free remote and in-person  
mental health counseling appointments*

# **MENTAL HEALTH MATTERS**

**SCAN THE CODE TO  
REQUEST AN APPT:**



**For more info: 510-748-2320 or [lisasawadogo@peralta.edu](mailto:lisasawadogo@peralta.edu)**

*The mission of the College of Alameda is to serve the educational needs of its diverse community by providing comprehensive and flexible programs and resources to empower students to achieve their goals.*



APPOINTMENTS AVAILABLE BY PHONE, IN-PERSON, &  
VIDEO

# ROOTS CLINIC

All Peralta students have access to basic medical care, flu shots, COVID-testing, birth control, family planning, eye exam vouchers, assistance w/ Medi-cal health insurance and CalFresh applications, etc. [rootsclinic.org](https://rootsclinic.org)

**CALL AHEAD TO SCHEDULE AN APPOINTMENT  
WITH STUDENT ID READY #510-633-7077**

Hours: Mon-Fri 8:30a.m.-5p.m. @  
Roots 7272 Macarthur Blvd, Oakland, Ca 94605





# DAY OF SERVICE

**FEBRUARY 28TH  
@ 12-3PM**

**Umoja is partnering with the  
Alameda County Food Bank to help  
feed our community..**



**For more information, please email:  
[jmcgiffert@peralta.edu](mailto:jmcgiffert@peralta.edu) with:  
"Umoja Service" in the subject line**



PRESENTS A COMMUNITY VIRTUAL WELLNESS CONVERSATION

## OUR BLOOD SAVES LIVES:

THE IMPORTANCE OF AFRICAN AMERICAN BLOOD DONATION



FEBRUARY  
24TH  
1PM-2PM

**EVERY DROP**  
COUNTS

<https://tinyurl.com/2p9xju9h>

Pre-registration  
required



### Participate in the 21-Day Self Care Challenge!

You're invited to participate in the 21 Day Challenge: Self Care for Faculty, Classified, Administrators, and Students. This challenge is designed to engage, support, and build community among educators. As a member of the higher education community, you are on the frontlines of engaging with students. Topics such as bias, racism, and privilege can feel heavy to understand and accept. We can release our emotions connected to these inequities once we accept that they exist.

If you are interested in participating, please use this [College of Alameda Offer Link](#) to register directly for the challenge. The link provided includes step-by-step instructions to register. Participants must click the Subscribe to Our Email List box in order to receive the daily challenge emails and reminders.

*Submitted on behalf of the Office of the Dean of Counseling and Special Programs by Project Manager - EOPS/CARE/NEXTUP & CalWORKs Louie Martinez y McFarland |*



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## Make Your *Splash*!

- Student success stories.
- Grant updates, applications, special projects, or programs of interest.
- Program, committee, department news, and updates.
- Faculty and staff awards, appointments, achievements, or kudos.
- Special hours and information for online or other services and classes.
- Upcoming deadlines that students or colleagues should know about.
- Event information.
- Other news.

Send us your news, so that we may share it with the campus and the community in the next edition of *Splash*! It's easy –just send us a short article and a good photo or two, and we will take care of the rest. Do not forget to include the name of the writer, the photographer, and anyone who is pictured (if possible).

Please email your news and information to: [coasplash@peralta.edu](mailto:coasplash@peralta.edu) and be sure to include the word “*Splash*” in the subject line.

Past issues of the CoA *Splash* are available at <https://alameda.edu/office-of-the-president/>