For the picture of the Health & Wellness Toolkit, can you please connect it to this updated pdf:

<file:///Users/lisasawadogo/Downloads/CoA%20Health%20&%20Wellness%20Toolkit%20(3).pdf>

Therapy is a safe, confidential, and collaborative experience to help you work through challenges.**There will be limited mental health services available during summer 2022. In order to seek out mental health services,** [**please click here to schedule a mental health appointment**](https://hipaa.jotform.com/200657652986063) **(this is a new and updated link, please change it to this one in red) ~~or call Lisa Sawadogo at #510-748-2320~~:**  Common concerns include:

**HEALTH & WELLNESS SERVICES HOURS & LOCATION**

**~~SPRING 2022 HOURS:~~ SUMMER 2022 HOURS:**

*Due to the Coronavirus health crisis, there are limited services being offered on the College of Alameda campus at this time.*

**Limited Remote Mental Health Counseling** will be offered by [clicking here to schedule an appointment.](https://hipaa.jotform.com/200657652986063) Please note that there may be a wait time.

Up until June 30th, 2022, medical appointments available by phone, video, or in-person at:

* + Roots Community Health Center  
    7272 MacArthur Blvd, Oakland, CA 94605

\*Please call first 510-633-7077 for more information and make sure to provide your student ID.\*  
Monday – Friday: 9 a.m. – 5 p.m.