

KINESIOLOGY: ATHLETIC TRAINER AIDE

CERTIFICATE OF ACHIEVEMENT

START HERE

FALL 1

COURSE		UNITS	REQUIREMENT	COA GE AREA	COMPLETION
KIN 150	Introduction to Kinesiology	3	Major		<input type="checkbox"/>
BIOL 10	Introduction to Biology	4	Prereq for Biol 2		<input type="checkbox"/>
CHEM 30A	Introductory General Chemistry	4	Prereq for Biol 4		<input type="checkbox"/>
KIN 54A	Cross Fitness I - Fundamentals	1	Major Elective		<input type="checkbox"/>
KIN 58A	Fitness Center Strength Training I – Fundamentals	0.5	Major Elective		<input type="checkbox"/>
NOTES:					

12.5 Semester Units

SPRING 1

COURSE		UNITS	REQUIREMENT	COA GE AREA	COMPLETION
BIOL 2	Human Anatomy	5	Major		<input type="checkbox"/>
HLTED 9	First Aid and Safety	2	Major		<input type="checkbox"/>
KIN 54B	Cross Fitness II - Beginning	1	Major Elective		<input type="checkbox"/>
KIN 58B	Fitness Center Strength Training II – Beginning	0.5	Major Elective		<input type="checkbox"/>
NOTES:					

8.5 Semester Units

FALL 2

COURSE		UNITS	REQUIREMENT	COA GE AREA	COMPLETION
BIOL 4	Human Physiology	5	Major		<input type="checkbox"/>
KIN 134	Care and Prevention of Athletic Injuries	3	Major		<input type="checkbox"/>
NOTES:					

8 Semester Units

You've **FINISHED**



APPLY NOW



alameda.peralta.edu/apply

COMPLETE THE FAFSA

APPLICATIONS OPEN IN OCTOBER!



www.fafsa.ed.gov

STARTING SPRING OR SUMMER?

NO PROBLEM! MEET WITH A COUNSELOR TO DISCUSS YOUR OPTIONS!

15 UNITS PER SEMESTER



GRADUATE ON TIME AND SAVE MONEY!

PERALTA SCHOLARSHIPS



<https://peraltafoundation.org/scholarships/>

INTERSESSION

COMPLETE 3 UNITS IN 4 WEEKS (FULLY ONLINE!)



<https://alameda.peralta.edu/office-of-instruction/intercession-course-listing/>

LEARNING RESOURCE CENTER

- FREE TUTORING!
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- MATH LAB
- WRITING CENTER / LANGUAGE LAB
- MESA CENTER
- ENGLISH & MATH WORKSHOPS
- TECHNOLOGY STUDY SKILL WORKSHOPS



alameda.peralta.edu/student-service/learning-resource-center

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