

College of Alameda

Athletic Trainer Aide

Overview

College	COA - Science, Technology, Engineering, and Mathematics
Originator	Linda Dewrance
Award Type	Certificate of Achievement

Codes and Dates

State Approval Date	5/07/2018
Curriculum Committee Approval Date	5/05/2020
Board of Trustees Date	10/13/2020
Current Effective Date	1/01/2021
Program Control Number	36691
Top Code	1270.00 - Kinesiology

Description

The Athletic Trainer Aide functions as an aide in a clinical setting; or in a high school, college or professional athletic training center. The Aide assists the Certified Athletic Trainer or other healthcare professionals in the prevention, care, and rehabilitation of athletic injuries. This will include assisting in the assessment and documentation of athletic injuries, acute and chronic injury management, treatment protocols, principles of conditioning, and return to competitive activity. In addition, effective communications skills with athletes/patients, as well as medical professionals are required.

Career Opportunities

Students earning an Athletic Trainer Aide Certificate of Achievement typically work as an aide in a clinical setting; or in a high school athletic program, college athletic program, or professional athletic training center. The Athletic Trainer Aide will assist the Certified Athletic Trainer or other healthcare professionals in the prevention, care, and rehabilitation of athletic injuries. This will include assisting in the assessment and documentation of athletic injuries, acute and chronic injury management, treatment protocols, principles of conditioning, and return to competitive activity. In addition, effective communications skills with athletes/patients as well as medical professionals are required.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

1. Prepare for entry-level opportunities in athletic training through the development of specific educational competencies and clinical proficiencies.
 2. Prepare to become proficient and capable health care professionals in future employment in athletic training or other allied health settings, as well as receive an certificate of completion.
 3. Develop their skills in a college athletic program, a high school athletic program or a clinical setting with a variety of physically-active individuals.
 4. Embrace the college's Mission to serve the educational needs of its diverse community by providing comprehensive and flexible programs and resources that empower students to achieve their goals.
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Degree Requirements:

		Credit Hours:	(12 Required)
KIN 150	Introduction to Kinesiology		3
KIN 134	Care and Prevention of Athletic Injuries		3
HLTED 009	First Aid and Safety		2
BIOL 024	Basic Human Anatomy and Physiology		4
Choose from the KIN activity courses listed for a total of 4 units:		Credit Hours:	(4 Required)
KIN 054A or	Cross Fitness I - Fundamentals		1
KIN 054B or	Cross Fitness II - Beginning		1
KIN 054C or	Cross Fitness III - Intermediate		1
KIN 054D or	Cross Fitness IV - Experienced		1
KIN 058A	Fitness Center Strength Training I-Fundamentals		0.5
KIN 058B	Fitness Center Strength Training II-Beginning		0.5
KIN 058C	Fitness Center Strength Training III - Intermediate		0.5
KIN 058D or	Fitness Center Strength Training IV - Experienced		0.5
KIN 060A or	Circuit Training for Strength I-Fundamentals		1
KIN 060B	Circuit Training for Strength II-Beginning		1
KIN 060C	Circuit Training for Strength III - Intermediate		1 - 2
KIN 060D	Circuit Training for Strength IV - Experienced		1 - 2
KIN 051A or	Yoga I - Fundamentals		0.5
KIN 051B	Yoga II - Beginning		0.5

Total: 16