

COLLEGE OF ALAMEDA  
Department of Kinesiology

**ATHLETIC TRAINER AIDE**

Submitted by: Linda Dewrance  
Date: 8/31/2017

**DEGREE REQUIREMENTS:**

**REQUIRED COURSES**

**Credit Hours: (12 Required)**

KIN 150	Introduction to Kinesiology	3
KIN 134	Care and Prevention of Athletic Injuries	3
HLTED 009	First Aid and Safety	2
BIOL 024	Basic Human Anatomy and Physiology	4

**Choose from the KIN/ATHL courses listed below.**

**Credit Hours: (4 Required)**

ATHL 006	Intercollegiate Men's Basketball	1.5
ATHL 071	Intercollegiate Women's Volleyball	3
ATHL 007	Basketball Team Pre-season	0.5
ATHL 073	Volleyball Team Pre-season	0.5
KIN 054A or	Cross Fitness I - Fundamentals	1
KIN 054B or	Cross Fitness II - Beginning	1
KIN 054C or	Cross Fitness III - Intermediate	1
KIN 054D or	Cross Fitness IV - Experienced	1
KIN 058A	Fitness Center Strength Training I-Fundamentals	0.5
KIN 058B	Fitness Center Strength Training II-Beginning	0.5
KIN 058C	Fitness Center Strength Training III - Intermediate	0.5
KIN 058D or	Fitness Center Strength Training IV - Experienced	0.5
KIN 060A or	Circuit Training for Strength I-Fundamentals	1
KIN 060B	Circuit Training for Strength II-Beginning	1
KIN 060C	Circuit Training for Strength III - Intermediate	1 - 2

KIN 060D	Circuit Training for Strength IV - Experienced	1 - 2
KIN 051A or	Yoga I - Fundamentals	0.5
KIN 051B	Yoga II - Beginning	0.5
KIN 051C	Yoga III - Intermediate	0.5

**Total: 16**

### Kinesiology: Athletic Trainer Aide Certificate SLOs

A series of classes that will help give students a more complete understanding in all aspects in the field of sports medicine.

Student Learning Outcomes:

1. Students will be able to recognize and select appropriate athletic injury management response.
2. Students will be able to assess and interpret sport-related injury information then explain that information to players, coaches, athletic trainers, and medical personnel.