

Health Education (HLTED)

Health Education offer courses serving a wide range of student educational goals, including transfer to four-year universities/colleges for both non-science and science majors, prerequisites for programs including Kinesiology, allied health, and psychology; as well as, students needing to fulfill general education requirements.

Career opportunities include health services in federal, state and local health care agencies such as county Health Department, Cal OSHA, and Environmental Protection Agency; and health care and education in the private sector.

HLTED 9 First Aid and Safety

- 2 units, 2 hours lecture (GR)
- Meets American Red Cross First Aid Responding to Emergencies/Adult CPR/AED certification requirements.
- Acceptable for credit: CSU, UC
- Course study under this section may be repeated three times for recertification.

Introduction to first aid and safety: Development of skills and knowledge for immediate and temporary care in case of an accident or sudden illness; preventive measures. 0837.00

HLTED 11 Cardiopulmonary Resuscitation

- .5 units, .5 hours lecture (GR)
- Meets American Red Cross Adult/Pediatric CPR/AED certification requirements.
- Acceptable for credit: CSU

Introduction to CPR: Development of skills and knowledge for administering emergency first aid for respiratory failure and cardiac arrest. 0837.00

NONCREDIT COURSES

HLTED 502A Certified Nursing Assistant

- 0 units, 61.25 total lecture hours; 35.00 total laboratory hours (P/NP)

Basic principles and skills underlying patient care: Emphasis on geriatric nursing and state-required topics to qualify for the California Certified Nurse Assistant certificate. 1230.30

HLTED 502B Certified Nursing Assistant Clinical Rotations

- 0 units, 100.63 total laboratory hours (P/NP)

Hands on basic principles and skills underlying patient care: Practical experience in geriatric nursing and state-required topics to qualify for the California Certified Nurse Assistant certificate. 1230.30