

COLLEGE OF ALAMEDA
Department of Kinesiology

ATHLETIC TRAINER AIDE CERTIFICATE

Submitted by: Linda Dewrance on 8/31/2017 - Updated 11/06/2024

DEGREE/CERTIFICATE REQUIREMENTS:

REQUIRED COURSES		Credit Hours (Units) Required: 12
KIN 150	Intro to Kinesiology	3
KIN 134	Care and Prevention of Athletic Injuries	3
HLTED 009	First Aid and Safety	2
BIOL 024	Basic Human Anatomy and Physiology	4

Choose from ANY of the courses listed below.		Credit Hours (Units) Required: 4
ATHL 6	Intercollegiate Men's Basketball	1.5
ATHL 7	Basketball Team Pre-season Preparation	0.5
ATHL 71	Intercollegiate Women's Volleyball	3.0
ATHL 73	Volleyball Team Pre-season Preparation	0.5
KIN 51 ABC or D	Yoga I, II, III, or IV	0.5
KIN 54 ABC or D	Cross Fitness I, II, III, or IV	1.0
KIN 58 ABC or D	Fitness Center Strength Training I, II, III, or IV	0.5
KIN 60 ABC or D	Circuit Training for Strength I, II, III, or IV	1.0
KIN 74 ABC or D	Badminton I, II, III, or IV	0.5

Note: Each kinesiology section counts as .5 or 1 unit each.

Total Credit Hours (Units) Required: 16

Kinesiology: Athletic Trainer Aide Certificate SLOs

A series of classes that will help give students a more complete understanding in all aspects in the field of sports medicine.

Student Learning Outcomes:

1. Students will be able to recognize and select appropriate athletic injury management responses.
2. Students will be able to assess and interpret sport-related injury information and then explain that information to players, coaches, athletic trainers, and medical personnel.

/Revised 2024