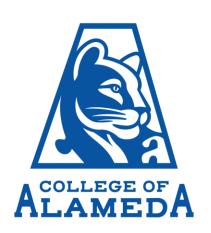
### Drug-Free School and Campuses Regulations

### **Biennial Review**

### 2025

# Reviewing Academic Years 2023-2024 and 2024-2025





### Overview

### **Drug-Free Schools and Communities Act**

The Drug-Free Schools and Communities Act (DFSCA) require all institutions of higher education receiving federal funds to implement a drug and alcohol abuse prevention program. The program must address unlawful possession, use, and distribution of illicit drugs and alcohol by student and employees on school premises and college activities.

To remain compliant, the College must do the following:

- Maintain a written policy on alcohol and other drugs;
- Distribute the policy annually to students and employees;
- Complete a biennial review evaluating prevention efforts;
- Keep the biennial review on file for submission to the U.S. Department of Education.

### Compliance with the DFSCA at College of Alameda

College of Alameda and the Peralta Community College continue to comply with all DFSCA's requirements. Education and support services are in place to discourage substance misuse and provide resources to those seeking help.

Specifically, PCCD ensures that:

- 1) Every student and employee receives an annual distribution of the standards of conduct, applicable laws and sanctions, health risks of substance use, and a statement of institutional sanction.
- 2) Biennial reviews assess program effectiveness, identify areas for improvement, and ensure enforcement.

The current review is available on the <u>College's Drug and Alcohol program website</u> and past reports are on file for review if requested. Archived biennial reports are maintained on file for submission to the U.S. Department of Education, if requested to do so.

### **Report Preparation**

Information used in this report was collected from the following College/District departments:

- Campus Safety
- Health Services
- Office of the Vice President of Student Services
- Office of the Dean of Enrollment Services
- Campus Life & Student Activities
- Student Athletics

### **Program Inventory and Assessment**

### **Wellness Center**

College of Alameda's Wellness Center continues to serve as the hub for prevention and support for students. The Wellness Center supports students who may be facing challenges with alcohol and drug use by providing access to both remote and in-person counseling. Counselors are trained in evidence-based practices which have been shown to help reduce substance use and promote healthier decision making. In addition, each year, outreach activities and workshops are designed to prioritize current student needs. The Wellness Center offers presentations to help students manage stress, build coping strategies, and lower risk and alcohol and drug use.

### Students can access:

- **Mental Health Counseling** (remote and in-person), including helping students work through alcohol and/or drug use
- Workshops such as stress management and wellness activities
- Community Referrals through Crisis Support Services and peer-support groups such as AA/NA

The Wellness Center staff includes a Health Services Coordinator, Mental Health Counseling Interns, working in partnership with the <u>District's Student Health Clinic</u>, operated by Baywell Health. Through Baywell Health, students have access to a wide range of in-person and telehealth services, including:

- In-Person & Telehealth Access
- Medical Services
- Health Education
- Immunizations & Lab Work
- Mental Health Referrals

Students who are unable to attend in person can conveniently access care through telehealth. Students can schedule an appointment through phone or email.

Below is the data on how many students we served:

**2023–2024:** A total of 897 counseling appointments were provided, serving 108 unduplicated students.

**2024–2025:** A total of 538 counseling appointments were provided, serving 62 unduplicated students. The decrease in utilization reflects reduced staffing capacity, as the

Health Services Coordinator was on sabbatical and the Wellness Center operated with limited staff during this period.

Evaluation results consistently show positive outcomes for students who students utilizing Wellness Services.

#### Orientation

The orientation provides students with essential information and resources offered at the college, including the Student Code of Conduct and PCCD's drug and alcohol policies.

### **CARES Team**

Established in Fall 2019, The CARES Team addresses behavior concerns that prevent students from attaining their educational goals through early intervention. The CARES Team is comprised of a Student Service Administrator, Mental Health representatives, Student Accessibility Services representatives, Counseling representatives, and other representatives as needed. Substance use concerns is considered a category that can be reported to the CARES Team.

College faculty, staff, and administrators may file a report of concern online.

#### **Athletics**

Student athletes are subjected to the California Community College Athletic Association (CCCAA) policies, acknowledging the prohibition of drugs and alcohol. In the time covered by this Biennial Review as it relates to drug and alcohol use, there were no violations reported related to substance use.

### **Employee Assistance Program (EAP)**

The district continues to offer an Employee Assistance Program (EAP) to support employees in managing personal and professional challenges, including issues related to drug and alcohol use. Eligible employees are encouraged to use this confidential service.

### **Policy Inventory**

The Peralta Community College District maintains a comprehensive set of Administrative Procedures (AP) and Board Policies (BP) that establish a drug-free environment, including AP/BP 3550, AP/BP 5500, AP 3560, and AP 3570. These policies are accessible on the <u>District's website</u> and catalogs.

#### BOARD POLICY 3550 DRUG FREE ENVIRONMENT AND DRUG PREVENTION PROGRAM

BP 3550 affirms that the District and its colleges are drug free. Violations are subject to disciplinary action consistent with local, state, and federal law, which also may include rehabilitation referrals, suspension, demotion, expulsion, and dismissal.

# ADMINISTRATIVE PROCEDURE 3550 PRESERVING A DRUG FREE ENVIRONMENT FOR EMPLOYEES

AP 3550 commits the District to maintaining a drug-free workplace through education, prevention, and support such as the Employee Assistance Program (EAP). Employee violations may result in disciplinary action. Employees convicted of a workplace drug-related offense must report the conviction within five days.

### ADMINISTRATIVE PROCEDURE 3500 CAMPUS SAFETY

AP 3500 requires the District to maintain and distribute a safety plan to the Peralta community. This includes sharing the updated <u>Personnel Safety Handbook</u> in accordance with the Jeanne Clery Disclosure Campus Crime Statistics Act of 1998 (formerly known as the Student Right to Know Act of 1990), which is available on the District's website and outlines specific safety procedures and resources.

### **BOARD POLICY 3515 REPORTING OF CRIMES**

BP 3515 requires the District to document and report all campus crime incidents, including violence, theft, and drug and alcohol offenses. The reports and daily logs are available on the Peralta Safety app.

### AP 3551 Preserving A Drug-Free Environment for Students

AP 3551 ensures that the college remains drug-free by enforcing disciplinary action for violations and providing students with access to counseling and resources.

### **AP 3560 ALCOHOLIC BEVERAGES**

AP 3560 designates the college as a drug-free campus and prohibits alcohol consumption and possession without prior District approval.

### **AP 3570 SMOKING ON CAMPUS**

AP 3570 establishes all Peralta Community College District properties as smoke and tobacco free, prohibiting use in any indoor and outdoor areas.

### **BOARD POLICY 5500 STANDARDS OF STUDENT CONDUCT**

BP 5500 outlines the standards for student conduct. Violations are subject to disciplinary action, which may include removal, suspension, or expulsion.

# ADMINISTRATIVE PROCEDURE 5500 STANDARDS OF STUDENT CONDUCT, DISCIPLINE PROCEDURES AND DUE PROCESS

AP 5500 details student conduct policies and disciplinary actions. Section IV of AP5500 specifies violations, including the use, possession, sale, or influence of controlled substances and alcohol on campus.

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# Procedures for the Drug Abuse and Alcohol Prevention Program (DAAPP) Annual Notification

Students and employees receive annual notifications of standards, policies, and sanctions and resources through email, in addition to October and March each academic year to ensure all students receive the notification when they enroll. The notification includes the consequences of illicit drug and alcohol abuse violations on campus.

The contents of the notification include the following:

- 1) Standards of conduct prohibiting unlawful possession, use of distribution of drugs and alcohol.
- 2) Applicable legal sanctions (local, state, and federal).
- 3) Health risks from substance abuse.
- 4) Available counseling and treatment programs.
- 5) A statement that the District will impose disciplinary sanctions for violations.

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### **Violations & Sanctions**

As reflected in the <u>Annual Security Report</u>, the College continues to report no recent incidents of drugs and alcohol-related arrests, sanctions, or referrals during the review period.

### **Summary and Recommendation**

### Strengths

• The Wellness Center counseling and workshops are well-utilized and effective.

- The CARES Team provides timely follow-up to behavior concerns.
- Clear policies and annual security reporting ensures compliance and transparency.

### Improvements:

Additional staffing is needed to meet mental health counseling demands.

### **Recommendations:**

- Expand campus-wide prevention programming and events and increase collaboration across campus to enhance visibility of prevention efforts.
- Implement regular student and employee surveys on drug/alcohol use.
- Pursue funding for additional licensed mental health counselors.

The College of Alameda remains committed to maintaining a safe, healthy, and drug-free environment in compliance with the Drug-Free Schools and Communities Act. Through prevention, education, counseling, policy enforcement, and employee support, the College and District continue to provide resources that reduce risk and promote student and employee well-being.