



Student Name _____

Student I.D. # _____

Major _____

College of Alameda

California General Education Transfer Curriculum (Cal-GETC)

Advising Form 2025-2026

Completion of Cal-GETC satisfies all lower division general education requirements at all CSU and most UC campuses, and at some Independent Colleges and Universities. It is not an admission requirement nor is it the only way to fulfill lower division general education requirements.

For most students, it is strongly recommended that students complete Cal-GETC prior to transfer. Advantages of completing Cal-GETC may include more flexibility in class selection at the university and timely progress to degree completion.

Note: Students transferring to a CSU who have Cal-GETC certified as complete will still need to complete 9 semester units of upper-division general education (GE) after transfer and may also be held to other campus specific graduation requirements outside of general education and major coursework.

Students are encouraged to see a counselor by appointment to discuss transfer and the Cal-GETC option as part of an education plan. Counselors are available by appointment through the Counseling Office located on the first floor of Building A, (510) 748-2209.

THIS FORM IS SUBJECT TO CHANGE: Please see a counselor. (N=Needed, IP=In Progress, C=Completed)		N	IP	C
AREA 1: ENGLISH COMMUNICATION: Three courses – 9 semester or 12 quarter units				
1A	ENGLISH COMPOSITION: One course, 3 semester or 4 quarter units. English C1000, C1000E, Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____	1A	1A	1A
1B	CRITICAL THINKING and COMPOSITION: One course, 3 semester or 4 quarter units. Communication 5 English C1001 Course From Other College: _____ College: _____	1B	1B	1B
1C	ORAL COMMUNICATION: One course, 3 semester or 4 quarter units. Communication C1000, 1A, 4 Course From Other College: _____ College: _____	1C	1C	1C
AREA 2: MATHEMATICAL CONCEPTS & QUANTITATIVE REASONING: One course, 3 semester or 4 quarter units.				
2	Math 1, 2, 3A, 3B, 3C, 3E, 3F, 11, 15, 16A Social Science 125 Statistics C1000 Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____	2	2	2
AREA 3: ARTS AND HUMANITIES: Two courses – 6 semester or 8 quarter units.				
3A	ARTS: One course, 3 semester or 4 quarter units. Art 1, 2, 3, 4, 122 Music 9, 10, 15A, 15B Mexican/ Latin American Studies 30A, 30B Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____	3A	3A	3A
3B	HUMANITIES: One course, 3 semester or 4 quarter units. Chinese 10B, 11A, 11B, 12A, 12B English 1B, 30A, 30B, 31, 32A, 79 German 1B History 7A*, 7B*, 8A*, 8B*, 12*, 17*, 18*, 19*, 53A*, 53B* Humanities 1, 2, 3, 13A*, 15, 40 Mexican/Latin-American Studies 2A+, 2B+, 2C+, 3+, 18A*+, 18B*+ Philosophy 1, 2, 4, 5, 20A, 20B Political Science 4 Spanish 1B, 2A, 2B Vietnamese 2A, 2B Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ *Indicates course can be used for credit in one AREA only. +Student receives credit and certification for one course only.	3B	3B	3B
AREA 4: SOCIAL AND BEHAVIORAL SCIENCES: Two courses from two academic disciplines – 6 semester or 8 quarter units.				
4	African-American Studies 5, 8, 10, 18, 30+, 31+, 32+ Anthropology 2, 3, 7, 19 Asian/Asian-American Studies 45A, 45B Communications 6 Ethnic Studies 1* Economics 1, 2, 3, 5 ¹ , 6 Geography 2, 3 History 2A, 2B, 5, 7A*, 7B*, 8A*, 8B*, 12*, 17*, 19*, 50+, 51+, 52+, 53A*+, 53B*+, 56+ Humanities 13A*+, 60 Mexican-Latin American Studies 18A*+, 18B*+, 40 Political Science C1000 (POLS), 2, 3, 4, 8, 26, 31, 37, 38 Psychology C1000 (PSYC), 1B, 3, 7A, 7B, 9A, 9B, 12+, 18, 24, 28, 29, 32 Sociology 1, 2, 3, 5, 11, 120 Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ Course from other college: _____ College: _____	4	4	4

THIS FORM IS SUBJECT TO CHANGE: Please see a counselor. (N=Needed, IP=In Progress, C=Completed)		N	IP	C
	AP Exam: _____ AP Score: _____ *Indicates course can be used for credit in one AREA only. +Student receives credit and certification for one course only. **Indicates transfer credit may be limited by either UC and/or CSU due to course sequencing. †No credit for 5 if taken after 1 or 2.	4	4	4
AREA 5: PHYSICAL AND BIOLOGICAL SCIENCES: Complete two (2) courses, one course from Area 5A Physical Sciences and one course from Area 5B Biological Sciences. One of the courses must include a laboratory (L) or Area 5C – 7 semester or 9 quarter units.				
5A	PHYSICAL SCIENCES: Astronomy 1, 10 BIOL 102(L)* Chemistry 1A(L), 1B(L), 30A(L)**, 30B(L)** Geography 1, 15, 18 Geology 1(L), 2(L), 3, 10, 18, 22 Physics 4A(L), 4B(L), 4C(L) Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ *Indicates course can be used for credit in one AREA only. ** Indicates transfer credit may be limited by either UC and/or CSU due to course sequencing.	5A	5A	5A
5B	BIOLOGICAL SCIENCES: Anthropology 1 Biology 1A(L), 1B(L), 2(L), 3(L), 4(L), 10(L)**, 24(L) Course from other college: _____ College: _____ AP Exam: _____ AP Score: _____ *Indicates course can be used for credit in one AREA only.	5B	5B	5B
5C	LABORATORY SCIENCE REQUIREMENT: Anthropology 1L Geography 1L Geology 3L	5C	5C	5C
AREA 6: ETHNIC STUDIES: One course – 3 semester or 4 quarter units				
6	ETHNIC STUDIES: Ethnic Studies 1*	6	6	6

CERTIFICATION: College of Alameda can provide full certification (completion of requirements in every area) or partial certification (completion of requirements in one or more areas). **Note:** UC Berkeley's College of Letters & Science requires full certification of IGETC (See a counselor for details). All courses MUST be completed with a grade of "C" or better. Students should request IGETC certification when requesting their transcripts to be sent to the UC or CSU campus of their choice during the final term before transfer.

CAUTION: Cal-GETC may not be the best option for transfer, particularly for majors such as Engineering, Computer Science, Biology, and Business. See a counselor for more information. UC COLLEGES and MAJORS that **do not accept or recommend** the use of Cal-GETC: **Berkeley:** Haas School of Business; Colleges of Chemistry, Engineering, and Environmental Design. **Davis:** College of Engineering; Division of Biological Sciences, and majors in the College of Agricultural and Environmental Sciences and the College of Letters and Sciences that require substantial math and science preparation, such as: Chemistry, Environmental Toxicology, Food Science, Nutrition Science, Physics, Viticulture and Enology, etc. **Irvine:** Students entering majors that require specific or substantial preparation, such as science majors, may use Cal-GETC but need to give priority to completion of lower division preparation courses. **Los Angeles:** School of Engineering and Applied Science or the School of Nursing. **Merced:** Cal-GETC is not recommended for majors in the School of Engineering and Natural Sciences. **Riverside:** The Cal-GETC is not appropriate for students entering the College of Natural and Agricultural Sciences or the Bourns College of Engineering. **San Diego:** Students choosing majors that require specific and substantial lower division preparation, as in the Jacobs School of Engineering, may use the IGETC. However, lower division degree requirements should also be emphasized in transfer program planning. Cal-GETC is accepted at Earl Warren, John Muir, Sixth, and Thurgood Marshall Colleges. Students who follow Cal-GETC are welcomed at E. Roosevelt and Revelle Colleges. However, they must meet specific graduation requirements of those colleges. **Santa Barbara:** Cal-GETC is not appropriate preparation for transfer into the College of Engineering and the Computer Science major in College of Letters & Science. **Santa Cruz:** Although the Cal-GETC is acceptable for all majors, students planning to pursue majors that require substantial lower-division preparation, such as those offered in the School of Engineering, the sciences, or environmental studies, should give priority to the completion of major prerequisite courses.

UNITED STATES HISTORY, CONSTITUTION, AND AMERICAN IDEALS (CSU Graduation Requirement)

Students are strongly recommended to take one 3-unit course in "US HISTORY" AND one 3-unit course in "US (CALIFORNIA) GOVERNMENT" to satisfy the American History and Institutions CSU graduation requirement from the list below.

US HISTORY		US (CALIFORNIA) GOVERNMENT
AFRAM 30/ HIST 50 African-American History: Africa to 1865 (3)	AND	POSCI 1 Government and Politics in the United States (3)
AFRAM 31/ HIST 51 African-American History: 1865 to 1945 (3)		POSCI 26 U.S. and California Constitution (3)
HIST 7A History of the United States to 1877(3)		
HIST 7B History of the United States since 1865 (3)		
HIST 18 20 th Century American Protest Movements (3)		

This section to be completed by Counselor: Indicate [x] which system IGETC to be used for:	
[] University of California [] California State University [] *CSU Graduation Requirement in U.S. History, Constitution & American Ideals	
Counselor Name: _____	Date: _____